

allergen list

Below is a list of ingredients used in our recipes at Brixx. For an online version, visit brixxnutrition.com

PLEASE NOTE

This list does not contain information on daily specials (soups, pizzas, etc.) or seasonal desserts. Please speak with the manager on duty about allergens in those items.

Updated 5/31/18

Dairy

Ingredients

Basil Pesto
Caesar Dressing
Creamy Chili Pepper Dressing
Crostinis
Feta Dressing
Focaccia Croutons
Gorgonzola Dressing
Meatballs
Ranch Dressing
Sour Cream

Menu Items

(Pizzas below still contain dairy even with the exclusion of mozzarella)

Any salad w/ Wood-Roasted

Chicken

Arugula & Pear Salad

Artichoke Pizza

Bronx Bomber Pizza

Brixx Stixx

Buffalo Chicken Pizza

Caesar Salad

Chicken Florentine

Chicken Tortilla Soup

Chicken Club Sandwich

Chocolate Truffle Torte

Meatball Marinara

Meatball Sub

Mediterranean Salad

Mexican Pizza

Mozzarella Sandwich

Pasta Salad

Pear & Gorgonzola Pizza

Quattro Formaggio Pizza

Rosemary Chicken Pizza

S'Mores Pizza Dessert

Salted Caramel Cookie

Salads w/ Focaccia Croutons

Southwest Salad

Spicy Shrimp Pizza

Spinach & Artichoke Dip

Thai Chicken Pizza

Thai Chicken Salad

Garlic

Ingredients

All Hummus (All 3 Flavors)
All Roasted Chicken
Balsamic Vinaigrette
Basil Pesto
BBQ Sauce
Beef Au Jus
Black Bean Pizza Base
Blackened Chicken
Bourbon Glaze
Bruschetta Appetizer
Buffalo Chicken
Buffalo Sauce
Creamy Chili Pepper Dressing
Crostinis & Croutons
Feta Dressing
Franks Buffalo Sauce
Garlic Aioli
Herb Mix
Honey Mustard Dipping Sauce
Honey Herb Vinaigrette
Marinated Artichokes
Marinated Chicken
Marinated Salmon
Meatballs
Pizza Sauce
Thai Peanut Dressing

Garlic (con't)

Pomodoro Sauce
Sausage
Seasoning Salt
Spicy Shrimp
Sweet Thai Chili Sauce

Menu Items

Artichoke Pizza
BBQ Chicken Pizza
Bourbon Chicken Pizza
Brixx Stixx
Bronx Bomber Pizza
Buffalo Chicken Pizza
Corn Black Bean Salsa
Hot Italian Beef
Korean Meatballs
Meatball Marinara
Meatball Sub
Mediterranean Salad
Pasta Pomodoro
Rustica Pizza
SW Blackened Chicken Salad
Spicy Shrimp Pizza
Spinach & Artichoke Dip
Thai Chicken Pizza
Wood-Fired Wings (All Flavors)

Nuts

Ingredients

Candied Pecans
Cranberry Pecan Chutney
Focaccia Croutons
Meatballs
Thai Peanut Dressing
Pear Chicken Salad Mix
Pistachios
Salted Caramel Cookie
Tri-Color Tortilla Strips
Walnuts

Menu Items

Arugula & Pear Salad
Brixx Salad
Chocolate Truffle Torte
Meatball Marinara
Pear Chicken Salad
Pear Chicken Salad Sandwich
Pear & Gorgonzola Pizza
Salmon Salad
Salads with Focaccia Croutons
Salted Caramel Cookie
SW Blackened Chicken Salad
Spinach Salad
Thai Chicken Pizza
Thai Chicken Salad

Eggs

Ingredients

Caesar Dressing
Chili Pepper Dressing
Garlic Aioli
Gluten-Free Dough
Gorgonzola Dressing
Honey Herb Vinaigrette
Honey Mustard
Meatballs
Pear Chicken Salad Mix
Ranch Dressing

Menu Items

All Gluten-Free Pizzas
Chicken Club Sandwich
Honey Mustard Dipping Sauce
Korean Meatballs
Meatball Marinara
Meatball Sub
Pear Chicken Salad
Pear Chicken Salad Sandwich
Salted Caramel Cookie

Gluten/Wheat

Ingredients

(Pizzas with an * are not Gluten Free even when prepared on GF dough)

Crostinis
Focaccia Croutons
Gorgonzola Dressing
Gorgonzola Cheese
Korean Barbecue Sauce
Meatballs
Pita Bread
Pizza Dough, Traditional & whole wheat
Sweet Chili Sauce
Thai Peanut Dressing

Menu Items

All Breads
All Pastas
All pizzas on traditional or whole wheat dough
Brixx Stixx
Bronx Bomber Pizza*
Bourbon Chicken Pizza*
Buffalo Chicken Pizza*
Italian Beef Sandwich
Korean Meatballs
Korean Pepper Steak Pizza
Meatball Marinara Sub
Meatball Pasta
Pear & Gorgonzola Pizza*
S'mores Pizza Dessert
Salted Caramel Cookie
Sweet Thai Chili Wings
Thai Chicken Pizza*
Thai Chicken Salad

MSG

Ingredients

Creamy Chili Pepper Dressing
Gorgonzola Sauce
Ranch

Onion

Ingredients

BBQ Sauce
Black Bean Hummus
Black Bean Pizza Base
Blackened Chicken
Bourbon Glaze
Cajun Seasoning
Chipotle Peppers
Chili Pepper Dressing
Honey Chipotle Vinaigrette
Meatballs
Pear Chicken Salad Mix
Pesto Chicken Salad Mix
Pomodoro Sauce
Seasoning Salt

Menu Items

Arugula & Pear Salad
BBQ Chicken Pizza
Black Bean Hummus
Black Bean Corn Salsa
Bourbon Chicken Pizza
Bruschetta Appetizer
Chicken Penne Pasta
Chicken Tortilla Soup
Italian Beef Sandwich
Korean Meatballs
Korean Peppered Steak Pizza
Meatball Marinara
Mozzarella Sandwich
Pasta Pomodoro
Pasta Salad Side
Rosemary Chicken Pizza
Sausage & Peppers Pasta
Shrimp Carbonara
Southwest Chicken Salad
Spinach & Artichoke Dip
Wood-Roasted Veggie Pizza

Soy

Ingredients

All Dressings
All Hummus
All Pastas
All Pesto
All Wood-Roasted Chicken
Black Bean Base
Blended Oil
Bourbon Glaze
Caramelized Onions
Chipotle Peppers
Cranberry Pecan Chutney
Creamy Chili Pepper Dressing
Crostinis
Focaccia Bread & Croutons
Garlic Aioli
Garlic Butter
Gluten-Free Dough
Graham Crackers
Herb Mix
Honey Chipotle Vinaigrette
Marinated Artichokes
Marinated Chicken
Marinated Salmon
Meatballs
Pear Chicken Salad Mix
Pita Bread
Pizza Sauce
Pomodoro
Salted Caramel Cookie
Sundried Tomatoes
Sweet Chili Sauce
Thai Peanut Dressing
Wild Mushroom Mix
Wing Marinade

Menu Items

All Pastas
All Pizzas
All Gluten-Free Pizzas
All Sandwiches
Arugula & Pear Salad
Bruschetta Appetizer
Chicken Tortilla Soup
Chocolate Truffle Torte
Korean Meatballs
Meatball Marinara
Pear Chicken Salad
S'Mores Pizza
Salad with Focaccia Croutons
Salted Caramel Cookie
Southwest Salad
Thai Chicken Pizza
Thai Chicken Salad
Wood-Fired Wings

Shellfish/Seafood

Caesar Dressing
Caesar Salad
Salmon & Salmon Salad
Shrimp
Shrimp Caesar Salad
Shrimp Carbonara
Spicy Shrimp Pizza