

# allergen list

Below is a list of ingredients used in our recipes at Brixx. For an online version, visit [brixxnutrition.com](http://brixxnutrition.com)

## PLEASE NOTE

This list does not contain information on daily specials (soups, pizzas, etc.) or seasonal desserts. Please speak with the manager on duty about allergens in those items.

Updated 10/02/18

## Dairy

### Ingredients

Basil Pesto  
Caesar Dressing  
Creamy Chili Pepper Dressing  
Crostinis  
Feta Dressing  
Focaccia Croutons  
Gorgonzola Dressing  
Meatballs  
Ranch Dressing  
Sour Cream

### Menu Items

(Pizzas below still contain dairy even with the exclusion of mozzarella)

Any salad w/ Wood-Roasted

Chicken  
Arugula & Pear Salad  
Artichoke Pizza  
Bronx Bomber Pizza  
Brixx Stixx  
Buffalo Chicken Pizza  
Caesar Salad  
Chicken Florentine Pizza  
Chicken Club Sandwich  
Chocolate Truffle Torte  
Meatball Marinara  
Meatball Sub  
Mediterranean Salad  
Mexican Pizza  
Mozzarella Sandwich  
Pasta Salad  
Pear & Gorgonzola Pizza  
Quattro Formaggio Pizza  
Rosemary Chicken Pizza  
S'Mores Pizza Dessert  
Salted Caramel Cookie  
Salads w/ Focaccia Croutons  
Southwest Salad  
Spicy Shrimp Pizza  
Spinach & Artichoke Dip  
Thai Chicken Pizza  
Thai Chicken Salad

## Garlic

### Ingredients

All Hummus (All 3 Flavors)  
All Roasted Chicken  
Balsamic Vinaigrette  
Basil Pesto  
BBQ Sauce  
Beef Au Jus  
Black Bean Pizza Base  
Blackened Chicken  
Bourbon Glaze  
Bruschetta Appetizer  
Buffalo Chicken  
Buffalo Sauce  
Creamy Chili Pepper Dressing  
Crostinis & Croutons  
Feta Dressing  
Franks Buffalo Sauce  
Garlic Aioli  
Herb Mix  
Honey Herb Vinaigrette  
Marinated Artichokes  
Marinated Chicken  
Marinated Salmon  
Meatballs  
Pizza Sauce  
Thai Peanut Dressing

## Garlic (con't)

Pomodoro Sauce  
Sausage  
Seasoning Salt  
Spicy Shrimp  
Sweet Thai Chili Sauce  
Whole Grain Honey Mustard  
Dipping Sauce

### Menu Items

Artichoke Pizza  
BBQ Chicken Pizza  
Bourbon Chicken Pizza  
Brixx Stixx  
Bronx Bomber Pizza  
Buffalo Chicken Pizza  
Corn Black Bean Salsa  
Hot Italian Beef  
Meatball Marinara  
Meatball Sub  
Mediterranean Salad  
Pasta Pomodoro  
Rustica Pizza  
SW Blackened Chicken Salad  
Spicy Shrimp Pizza  
Spinach & Artichoke Dip  
Thai Chicken Pizza  
Tuscan White Bean Soup  
Wood-Fired Wings (All Flavors)

## Nuts

### Ingredients

Candied Pecans  
Cranberry Pecan Chutney  
Focaccia Croutons  
Thai Peanut Dressing  
Pear Chicken Salad Mix  
Pistachios  
Salted Caramel Cookie  
Tri-Color Tortilla Strips  
Walnuts

### Menu Items

Arugula & Pear Salad  
Brixx Salad  
Chocolate Truffle Torte  
Meatball Marinara  
Pear Chicken Salad Sandwich  
Pear & Gorgonzola Pizza  
Salmon Salad  
Salads with Focaccia Croutons  
Salted Caramel Cookie  
SW Blackened Chicken Salad  
Spinach Salad  
Thai Chicken Pizza  
Thai Chicken Salad

## Eggs

### Ingredients

Caesar Dressing  
Chili Pepper Dressing  
Garlic Aioli  
Gluten-Free Dough  
Gorgonzola Dressing  
Honey Herb Vinaigrette  
Honey Mustard  
Meatballs  
Pear Chicken Salad Mix  
Ranch Dressing

### Menu Items

All Gluten-Free Pizzas  
Chicken Club Sandwich  
Honey Mustard Dipping Sauce  
Meatball Marinara  
Meatball Sub  
Pear Chicken Salad Sandwich  
Salted Caramel Cookie

## Gluten/Wheat

### Ingredients

(Pizzas with an \* are not Gluten Free even when prepared on GF dough)

Crostinis  
Focaccia Croutons  
Gorgonzola Dressing  
Gorgonzola Cheese  
Korean Barbecue Sauce  
Meatballs  
Pita Bread  
Pizza Dough, Traditional & whole wheat  
Sweet Chili Sauce  
Thai Peanut Dressing

### Menu Items

All Breads  
All Pastas  
All pizzas on traditional or whole wheat dough  
Brixx Stixx  
Bronx Bomber Pizza\*  
Bourbon Chicken Pizza\*  
Buffalo Chicken Pizza\*  
Italian Beef Sandwich  
Korean Pepper Steak Pizza  
Meatball Marinara Sub  
Meatball Pasta  
Pear & Gorgonzola Pizza \*  
S'mores Pizza Dessert  
Salted Caramel Cookie  
Sweet Thai Chili Wings  
Thai Chicken Pizza\*  
Thai Chicken Salad

## MSG

### Ingredients

Creamy Chili Pepper Dressing  
Gorgonzola Sauce  
Ranch

## Onion

### Ingredients

BBQ Sauce  
Black Bean Hummus  
Black Bean Pizza Base  
Blackened Chicken  
Bourbon Glaze  
Cajun Seasoning  
Chipotle Peppers  
Chili Pepper Dressing  
Honey Chipotle Vinaigrette  
Meatballs  
Pear Chicken Salad Mix  
Pomodoro Sauce  
Seasoning Salt

### Menu Items

Arugula & Pear Salad  
BBQ Chicken Pizza  
Black Bean Hummus  
Black Bean Corn Salsa  
Bourbon Chicken Pizza  
Bruschetta Appetizer  
Chicken Penne Pasta  
Italian Beef Sandwich  
Korean Peppered Steak Pizza  
Meatball Marinara  
Mozzarella Sandwich  
Pasta Pomodoro  
Pasta Salad Side  
Rosemary Chicken Pizza  
Sausage & Peppers Pasta  
Shrimp Carbonara  
Southwest Chicken Salad  
Spinach & Artichoke Dip  
Tuscan White Bean Soup  
Wood-Roasted Veggie Pizza

## Soy

### Ingredients

All Dressings  
All Hummus  
All Pastas  
All Pesto  
All Wood-Roasted Chicken  
Black Bean Base  
Blended Oil  
Bourbon Glaze  
Caramelized Onions  
Chipotle Peppers  
Cranberry Pecan Chutney  
Creamy Chili Pepper Dressing  
Crostinis  
Focaccia Bread & Croutons  
Garlic Aioli  
Garlic Butter  
Gluten-Free Dough  
Graham Crackers  
Herb Mix  
Honey Chipotle Vinaigrette  
Marinated Artichokes  
Marinated Chicken  
Marinated Salmon  
Meatballs  
Pear Chicken Salad Mix  
Pita Bread  
Pizza Sauce  
Pomodoro  
Salted Caramel Cookie  
Sundried Tomatoes  
Sweet Chili Sauce  
Thai Peanut Dressing  
Wild Mushroom Mix  
Wing Marinade

### Menu Items

All Pastas  
All Pizzas  
All Gluten-Free Pizzas  
All Sandwiches  
Arugula & Pear Salad  
Bruschetta Appetizer  
Chocolate Truffle Torte  
Meatball Marinara  
S'Mores Pizza  
Salad with Focaccia Croutons  
Salted Caramel Cookie  
Southwest Salad  
Thai Chicken Pizza  
Thai Chicken Salad  
Tuscan White Bean Soup  
Wood-Fired Wings

## Shellfish/Seafood

Caesar Dressing  
Caesar Salad  
Salmon & Salmon Salad  
Shrimp  
Shrimp Caesar Salad  
Shrimp Carbonara  
Spicy Shrimp Pizza