



Nutritional Information

| Starters | Calories | Cal/Fat | Total Fat | Sat Fat | Trans Fat | Chol | Sodium | Carbo | Diet Fiber | Sugars | Protein | Vitamin D | Calcium | Iron |
|---|----------|---------|-----------|---------|-----------|------|--------|-------|------------|--------|---------|-----------|---------|------|
| Baked Spinach and Artichoke Dip w/ Pita Chips | 940 | 60 | 50 | 27 | 0 | 125 | 1890 | 91 | 3 | 6 | 26 | 16 | 375 | 6 |
| Baked Spinach and Artichoke Dip w/ Tri Color Tortilla Chips | 940 | 45 | 67 | 27 | 0 | 125 | 1440 | 71 | 7 | 4 | 19 | 16 | 430 | 6 |
| Brixx Stixx Appetizer | 660 | 170 | 19 | 4.5 | 0 | 10 | 1720 | 99 | 7 | 11 | 25 | 0 | 124 | 1 |
| Bruschetta Appetizer | 660 | 210 | 112 | 103 | 0 | 40 | 2830 | 80 | 5 | 18 | 25 | 0 | 585 | 1 |
| Focaccia Cheese Bread | 1130 | 300 | 47 | 29 | 0 | 145 | 3540 | 115 | 7 | 9 | 52 | 0 | 612 | 1 |
| Hummus Trio Appetizer | 770 | 20 | 25 | 5 | 0 | 0 | 1640 | 107 | 11 | 7 | 25 | 0 | 272 | 7 |
| Meatball Appetizer- (Italian) | 650 | 370 | 44 | 18 | 1.5 | 180 | 1520 | 27 | 3 | 7 | 40 | 11 | 276 | 3 |
| Meatball Appetizer- (Sweet Spicy Honey Glazed) | 670 | 250 | 28 | 10 | 1.5 | 135 | 1060 | 85 | 1 | 67 | 26 | 11 | 38 | 3 |
| Meatball Appetizer- (Bourbon BBQ) | 880 | 250 | 53 | 10 | 1.5 | 140 | 1930 | 67 | 4 | 36 | 30 | 11 | 129 | 4 |
| Salads | Calories | Cal/Fat | Total Fat | Sat Fat | Trans Fat | Chol | Sodium | Carbo | Diet Fiber | Sugars | Protein | Vitamin D | Calcium | Iron |
| Brixx Salad- Side (no croutons with dressing) | 150 | 15 | 14 | 1.5 | 0 | 5 | 190 | 5 | <1 | 4 | 3 | 0 | 10 | 0 |
| Brixx Salad- Full (with croutons & dressing) | 360 | 40 | 29 | 2.5 | 0 | 15 | 550 | 21 | 2 | 8 | 7 | 0 | 20 | 1 |
| Brixx Salad- Side (with croutons & dressing) | 180 | 20 | 15 | 1.5 | 0 | 5 | 280 | 10 | <1 | 4 | 4 | 0 | 10 | 0 |
| Brixx Salad- Side (with croutons no dressing) | 80 | 20 | 4 | 1.5 | 0 | 5 | 105 | 7 | <1 | 1 | 3 | 0 | 8 | 0 |
| | Calories | Cal/Fat | Total Fat | Sat Fat | Trans Fat | Chol | Sodium | Carbo | Diet Fiber | Sugars | Protein | Vitamin D | Calcium | Iron |
| Caesar Salad- Full (with croutons & dressing) | 450 | 30 | 42 | 7 | 0 | 15 | 870 | 15 | 3 | 2 | 8 | 0 | 122 | 1 |
| Caesar Salad- Full (with croutons no dressing) | 110 | 30 | 4 | 1 | 0 | <5 | 270 | 15 | 3 | 2 | 6 | 0 | 122 | 1 |
| Caesar Salad- Side (no croutons with dressing) | 190 | 10 | 20 | 3.5 | 0 | 10 | 350 | 2 | 1 | <1 | 3 | 0 | 61 | 1 |
| Caesar Salad- Side (with croutons & dressing) | 220 | 15 | 21 | 3.5 | 0 | 10 | 440 | 7 | 1 | <1 | 4 | 0 | 61 | 1 |
| Caesar Salad- Side (with croutons no dressing) | 50 | 15 | 2 | 0.5 | 0 | <5 | 135 | 7 | 1 | <1 | 3 | 0 | 61 | 1 |
| Arugula Salad- Full (no dressing) | 210 | 45 | 12 | 4.5 | 0 | 25 | 400 | 21 | 5 | 16 | 7 | 0 | 155 | 1 |
| Arugula Salad- Side (no dressing) | 100 | 20 | 6 | 2.5 | 0 | 10 | 200 | 11 | 3 | 8 | 4 | 0 | 78 | 0 |
| Arugula Salad- Side (with dressing) | 280 | 20 | 23 | 2.5 | 0 | 10 | 250 | 15 | 3 | 12 | 4 | 0 | 79 | 1 |
| Mediterranean Salad- Side (no dressing) | 50 | 30 | 3 | 1 | 0 | 5 | 380 | 5 | 2 | 2 | 2 | 0 | 52 | 1 |
| Mediterranean Salad- Side (with dressing) | 170 | 30 | 15 | 1.5 | 0 | 5 | 490 | 9 | 3 | 4 | 3 | 0 | 59 | 1 |
| Mediterranean Salad- Full (no dressing) | 100 | 60 | 6 | 2 | 0 | 10 | 770 | 10 | 5 | 4 | 5 | 0 | 103 | 2 |
| | Calories | Cal/Fat | Total Fat | Sat Fat | Trans Fat | Chol | Sodium | Carbo | Diet Fiber | Sugars | Protein | Vitamin D | Calcium | Iron |
| Arugula Salad- Full (with dressing) | 550 | 45 | 46 | 4.5 | 0 | 25 | 510 | 30 | 5 | 24 | 7 | 0 | 157 | 1 |
| Brixx Salad- Full (no croutons with dressing) | 300 | 30 | 27 | 2.5 | 0 | 15 | 390 | 11 | 2 | 8 | 5 | 0 | 20 | 1 |
| Southwestern Salad (no dressing) | 550 | 70 | 18 | 5 | 0 | 130 | 2020 | 51 | 12 | 8 | 46 | 0 | 195 | 5 |
| | Calories | Cal/Fat | Total Fat | Sat Fat | Trans Fat | Chol | Sodium | Carbo | Diet Fiber | Sugars | Protein | Vitamin D | Calcium | Iron |
| Caesar Salad- Full (no croutons with dressing) | 390 | 20 | 40 | 7 | 0 | 15 | 710 | 5 | 3 | 2 | 6 | 0 | 122 | 1 |
| Brixx Salad- Full (with croutons no dressing) | 150 | 40 | 8 | 2.5 | 0 | 15 | 210 | 15 | 2 | 3 | 7 | 0 | 16 | 1 |
| Italian Market Salad (no dressing) | 530 | 210 | 37 | 12 | 0 | 95 | 2400 | 22 | 8 | 7 | 26 | 0 | 153 | 2 |
| Italian Market Salad | 690 | 210 | 52 | 18 | 0 | 130 | 2770 | 24 | 9 | 8 | 30 | 2 | 213 | 2 |
| | Calories | Cal/Fat | Total Fat | Sat Fat | Trans Fat | Chol | Sodium | Carbo | Diet Fiber | Sugars | Protein | Vitamin D | Calcium | Iron |
| Southwestern Salad | 720 | 80 | 36 | 8 | 0 | 145 | 2500 | 54 | 12 | 10 | 47 | 0 | 218 | 5 |
| | Calories | Cal/Fat | Total Fat | Sat Fat | Trans Fat | Chol | Sodium | Carbo | Diet Fiber | Sugars | Protein | Vitamin D | Calcium | Iron |
| Mediterranean Salad- Large (with dressing) | 340 | 60 | 30 | 2.5 | 0 | 10 | 990 | 17 | 6 | 8 | 6 | 0 | 118 | 2 |
| | Calories | Cal/Fat | Total Fat | Sat Fat | Trans Fat | Chol | Sodium | Carbo | Diet Fiber | Sugars | Protein | Vitamin D | Calcium | Iron |
| Roasted Chicken | 130 | 0 | 3 | 1 | 0 | 90 | 390 | 0 | 0 | 0 | 26 | 0 | 0 | 1 |
| Roasted Salmon | 270 | 90 | 14 | 1.5 | 0 | 90 | 720 | 0 | 0 | 0 | 33 | 0 | 20 | 1 |
| Sauteed Shrimp | 190 | 5 | 14 | 0 | 0 | 80 | 380 | 0 | 0 | 0 | 7 | 0 | 25 | 0 |

| Dressings | Calories | Cal/Fat | Total Fat | Sat Fat | Trans Fat | Chol | Sodium | Carbo | Diet Fiber | Sugars | Protein | Vitamin D | Calcium | Iron |
|---|-----------------|----------------|------------------|----------------|------------------|-------------|---------------|--------------|-------------------|---------------|----------------|------------------|----------------|-------------|
| Dressing Side- Caesar | 340 | 0 | 38 | 6 | 0 | 10 | 600 | 0 | 0 | 0 | 2 | 0 | 0 | 0 |
| Dressing Side- Creamy Chili Pepper | 170 | 10 | 18 | 2.5 | 0 | 15 | 470 | 3 | 0 | 2 | 1 | 0 | 23 | 0 |
| Dressing Side- Honey Herb Vinaigrette | 340 | 0 | 33 | 0 | 0 | 0 | 110 | 9 | 0 | 8 | 0 | 0 | 2 | 0 |
| Dressing Side- Lemon Tahini Vinaigrette | 230 | 0 | 24 | 0.5 | 0 | 0 | 220 | 7 | < 1 | 5 | 2 | 0 | 15 | 1 |
| Dressing Side- Gorgonzola | 160 | 0 | 15 | 6 | 0 | 35 | 370 | 3 | < 1 | 1 | 4 | 2 | 60 | 0 |
| Dressing Side- White Balsamic Vinaigrette | 210 | 0 | 20 | 0 | 0 | 0 | 340 | 6 | 0 | 5 | 0 | 0 | 4 | 0 |
| Dressing Side- Ranch | 190 | 0 | 21 | 3 | 0 | 20 | 480 | 2 | 0 | 2 | 0 | 0 | 0 | 0 |
| Wings | Calories | Cal/Fat | Total Fat | Sat Fat | Trans Fat | Chol | Sodium | Carbo | Diet Fiber | Sugars | Protein | Vitamin D | Calcium | Iron |
| Wings- Rosemary and Garlic w/ Gorgonzola Dressing | 690 | 270 | 50 | 15 | 0 | 260 | 1610 | 9 | 3 | 4 | 50 | 2 | 145 | 2 |
| Wings- Rosemary and Garlic w/ Ranch Dressing | 720 | 270 | 57 | 12 | 0 | 245 | 1710 | 8 | 2 | 5 | 46 | 0 | 85 | 2 |
| Wings- Rosemary and Garlic (no dressing) | 530 | 270 | 36 | 9 | 0 | 225 | 1230 | 6 | 2 | 3 | 46 | 0 | 85 | 2 |
| Wings- Lemon Pepper w/ Gorgonzola Dressing | 690 | 270 | 50 | 15 | 0 | 260 | 2690 | 9 | 3 | 4 | 50 | 2 | 145 | 2 |
| Wings- Lemon Pepper w/ Ranch Dressing | 720 | 270 | 57 | 12 | 0 | 245 | 2790 | 8 | 2 | 5 | 46 | 0 | 85 | 2 |
| Wings- Lemon Pepper (no dressing) | 530 | 270 | 36 | 9 | 0 | 225 | 2310 | 6 | 2 | 3 | 46 | 0 | 85 | 2 |
| Wings- Blackened w/ Ranch Dressing | 730 | 270 | 57 | 12 | 0 | 245 | 2310 | 10 | 2 | 6 | 46 | 0 | 85 | 2 |
| Wings- Blackened w/ Gorgonzola Dressing | 690 | 270 | 50 | 15 | 0 | 260 | 2200 | 10 | 3 | 6 | 50 | 2 | 145 | 2 |
| Wings- Blackened (no dressing) | 540 | 270 | 36 | 9 | 0 | 225 | 1830 | 8 | 2 | 4 | 46 | 0 | 85 | 2 |
| Wings- Classic Buffalo w/ Ranch Dressing | 720 | 270 | 57 | 12 | 0 | 245 | 3300 | 8 | 2 | 5 | 46 | 0 | 85 | 2 |
| Wings- Classic Buffalo w/ Gorgonzola Dressing | 690 | 270 | 50 | 15 | 0 | 260 | 3190 | 9 | 3 | 4 | 50 | 2 | 145 | 2 |
| Wings- Classic Buffalo (no dressing) | 530 | 270 | 36 | 9 | 0 | 225 | 2820 | 6 | 2 | 3 | 46 | 0 | 85 | 2 |
| Wings- Honey Habanero w/ Gorgonzola Dressing | 820 | 280 | 51 | 15 | 0 | 260 | 2770 | 47 | 4 | 39 | 50 | 2 | 155 | 3 |
| Wings- Honey Habanero w/ Ranch Dressing | 860 | 280 | 58 | 12 | 0 | 245 | 2880 | 46 | 4 | 40 | 46 | 0 | 95 | 3 |
| Wings- Honey Habanero (no dressing) | 660 | 280 | 36 | 9 | 0 | 225 | 2400 | 44 | 4 | 38 | 46 | 0 | 95 | 3 |
| Wings- Bourbon BBQ w/ Ranch Dressing | 830 | 270 | 57 | 12 | 0 | 245 | 2320 | 32 | 4 | 21 | 47 | 0 | 124 | 3 |
| Wings- Bourbon BBQ w/ Gorgonzola Dressing | 790 | 270 | 50 | 15 | 0 | 260 | 2210 | 33 | 4 | 21 | 51 | 2 | 184 | 3 |
| Wings- Bourbon BBQ (no dressing) | 630 | 270 | 36 | 9 | 0 | 225 | 1840 | 30 | 4 | 19 | 47 | 0 | 124 | 3 |
| Wings- Chipotle BBQ w/ Gorgonzola Dressing | 770 | 270 | 50 | 15 | 0 | 260 | 2120 | 30 | 3 | 24 | 50 | 2 | 145 | 2 |
| Wings- Chipotle BBQ w/ Ranch Dressing | 810 | 270 | 57 | 12 | 0 | 245 | 2230 | 30 | 2 | 25 | 46 | 0 | 85 | 2 |
| Wings- Chipotle BBQ (no dressing) | 620 | 270 | 36 | 9 | 0 | 225 | 1740 | 28 | 2 | 23 | 46 | 0 | 85 | 2 |
| Pastas | Calories | Cal/Fat | Total Fat | Sat Fat | Trans Fat | Chol | Sodium | Carbo | Diet Fiber | Sugars | Protein | Vitamin D | Calcium | Iron |
| Baked Pomodoro Pasta | 570 | 120 | 18 | 7 | 0 | 35 | 1900 | 78 | 8 | 12 | 21 | 0 | 228 | 4 |
| Baked Pomodoro Pasta w/ Chicken | 700 | 120 | 21 | 8 | 0 | 125 | 2290 | 78 | 8 | 12 | 47 | 0 | 228 | 5 |
| Baked Pomodoro Pasta w/ Sausage and Peppers | 1130 | 570 | 68 | 23 | 0 | 125 | 3030 | 87 | 10 | 14 | 40 | 0 | 252 | 6 |
| Baked Pomodoro Pasta w/ Meatballs | 980 | 370 | 47 | 17 | 1.5 | 170 | 2510 | 93 | 8 | 13 | 46 | 11 | 260 | 6 |
| Roasted Chicken Mushroom Alfredo Pasta | 1560 | 210 | 114 | 52 | 0 | 400 | 2330 | 66 | 4 | 4 | 60 | 3 | 250 | 3 |
| Roasted Chicken Penne Pasta | 1410 | 10 | 93 | 42 | 0 | 345 | 2700 | 90 | 5 | 6 | 46 | 0 | 23 | 4 |
| Shrimp Carbonara | 1270 | 80 | 72 | 43 | 0 | 450 | 2500 | 90 | 4 | 4 | 37 | 0 | 129 | 3 |
| Desserts | Calories | Cal/Fat | Total Fat | Sat Fat | Trans Fat | Chol | Sodium | Carbo | Diet Fiber | Sugars | Protein | Vitamin D | Calcium | Iron |
| Ice Cream Vanilla 1 Scoop | 170 | 0 | 9 | 5 | 0 | 35 | 50 | 21 | 0 | 14 | 3 | 0 | 78 | 0 |
| Ice Cream Vanilla 2 Scoops | 330 | 0 | 18 | 10 | 0 | 70 | 100 | 41 | 0 | 27 | 6 | 0 | 156 | 0 |
| Root Beer Float | 430 | 0 | 18 | 10 | 0 | 70 | 130 | 67 | 0 | 53 | 6 | 0 | 163 | 0 |
| Smores Pizza | 1180 | 400 | 49 | 24 | 0 | 0 | 1160 | 176 | 9 | 81 | 18 | 0 | 26 | 4 |
| Tiramisu Dessert | 630 | 0 | 28 | 20 | 0 | 165 | 65 | 86 | 2 | 68 | 7 | 0 | 87 | 3 |
| Strawberry Topped Cheesecake | 740 | 0 | 50 | 28 | 1.5 | 155 | 620 | 64 | 1 | 47 | 12 | 0 | 130 | 2 |
| Oreo Topped Cheesecake | 800 | 0 | 51 | 28 | 1.5 | 155 | 630 | 77 | 1 | 57 | 12 | 0 | 130 | 3 |
| Turtle Topping Cheesecake | 1090 | 140 | 67 | 29 | 1.5 | 155 | 1020 | 113 | 4 | 86 | 14 | 0 | 151 | 4 |
| Chocolate Chunk Cookie | 1080 | 0 | 41 | 23 | 0 | 0 | 770 | 162 | 0 | 99 | 9 | 0 | 0 | 6 |
| Kids Menu | Calories | Cal/Fat | Total Fat | Sat Fat | Trans Fat | Chol | Sodium | Carbo | Diet Fiber | Sugars | Protein | Vitamin D | Calcium | Iron |
| Junior Salad (no dressing) | 130 | 10 | 7 | 2.5 | 0 | 15 | 260 | 14 | 2 | 2 | 6 | 4 | 115 | 1 |

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|-------------------------------|------|-----|----|----|-----|-----|------|----|---|----|----|---|-----|---|
| Junior Salad w/ Ranch | 220 | 10 | 17 | 4 | 0 | 20 | 490 | 13 | 1 | 3 | 5 | 4 | 93 | 0 |
| Kids Cheese Pizza | 420 | 110 | 15 | 10 | 0 | 55 | 1080 | 48 | 3 | 4 | 22 | 0 | 218 | 0 |
| Kids Pepperoni Pizza | 520 | 190 | 24 | 13 | 0 | 75 | 1420 | 48 | 3 | 4 | 25 | 0 | 218 | 1 |
| Kids Penne with Tomato Sauce | 440 | 5 | 4 | 0 | 0 | 0 | 1770 | 83 | 6 | 10 | 15 | 0 | 33 | 3 |
| Kids Penne with Butter | 490 | 110 | 15 | 5 | 0 | 0 | 1230 | 73 | 4 | 4 | 12 | 0 | 7 | 3 |
| Kids Penne with Alfredo Sauce | 1080 | 100 | 69 | 46 | 0 | 255 | 1670 | 85 | 4 | 4 | 24 | 0 | 247 | 3 |
| Kids 2 Meatballs | 170 | 100 | 11 | 4 | 0.5 | 55 | 250 | 6 | 0 | 0 | 10 | 4 | 13 | 1 |

| Pizzas | Calories | Cal/Fat | Total Fat | Sat Fat | Trans Fat | Chol | Sodium | Carbo | Diet Fiber | Sugars | Protein | Vitamin D | Calcium | Iron |
|--|----------|---------|-----------|---------|-----------|------|--------|-------|------------|--------|---------|-----------|---------|------|
| Cauliflower Dough Piece | 480 | 100 | 11 | 6 | 0 | 30 | 840 | 81 | 3 | 6 | 12 | 0 | 240 | 1 |
| Gluten Free Dough Piece | 520 | 120 | 4 | 0 | 0 | 0 | 520 | 116 | 4 | 8 | 4 | 0 | 0 | 1 |
| Traditional Pizza Dough Piece | 440 | 10 | 1.5 | 0 | 0 | 0 | 990 | 86 | 5 | 4 | 18 | 0 | 2 | 1 |
| 4 x 4 Pizza Traditional Dough | 1790 | 980 | 113 | 48 | 0 | 290 | 4770 | 98 | 6 | 9 | 85 | 0 | 519 | 3 |
| 4 x 4 Pizza Cauliflower Dough | 1830 | 1070 | 122 | 54 | 0 | 320 | 4620 | 93 | 4 | 11 | 79 | 0 | 756 | 3 |
| 4 x 4 Pizza Gluten Free Dough | 1870 | 1090 | 115 | 48 | 0 | 290 | 4300 | 128 | 5 | 13 | 71 | 0 | 516 | 4 |
| Americo Pizza Traditional Dough | 1040 | 380 | 49 | 26 | 0 | 145 | 2830 | 97 | 7 | 8 | 53 | 4 | 437 | 2 |
| Americo Pizza Cauliflower Dough | 1080 | 470 | 58 | 32 | 0 | 175 | 2680 | 92 | 5 | 10 | 47 | 4 | 674 | 2 |
| Americo Pizza Gluten Free Dough | 1120 | 490 | 51 | 26 | 0 | 145 | 2360 | 127 | 6 | 12 | 39 | 4 | 434 | 2 |
| BBQ Chicken Pizza Traditional Dough | 1140 | 280 | 38 | 24 | 0 | 210 | 3050 | 123 | 6 | 34 | 73 | 0 | 547 | 2 |
| BBQ Chicken Pizza Cauliflower Dough | 1180 | 360 | 48 | 30 | 0 | 240 | 2900 | 118 | 4 | 36 | 67 | 0 | 785 | 2 |
| BBQ Chicken Pizza Gluten Free Dough | 1220 | 390 | 41 | 24 | 0 | 210 | 2580 | 153 | 5 | 38 | 59 | 0 | 545 | 3 |
| Brixx Club Pizza Traditional Dough | 1190 | 270 | 50 | 30 | 0 | 250 | 2660 | 105 | 8 | 10 | 77 | 0 | 552 | 3 |
| Brixx Club Pizza Cauliflower Dough | 1220 | 360 | 59 | 35 | 0 | 280 | 2510 | 100 | 6 | 12 | 71 | 0 | 789 | 3 |
| Brixx Club Pizza Gluten Free Dough | 1260 | 380 | 52 | 29 | 0 | 250 | 2190 | 135 | 7 | 14 | 63 | 0 | 549 | 3 |
| Bronx Bomber Pizza Traditional Dough | 1550 | 720 | 88 | 39 | 0 | 240 | 4030 | 109 | 9 | 9 | 75 | 0 | 548 | 6 |
| Bronx Bomber Pizza Cauliflower Dough | 1580 | 810 | 97 | 45 | 0 | 270 | 3870 | 104 | 8 | 11 | 70 | 0 | 786 | 6 |
| Bronx Bomber Pizza Gluten Free Dough | 1620 | 830 | 91 | 39 | 0 | 240 | 3550 | 139 | 9 | 13 | 62 | 0 | 546 | 7 |
| Buffalo Chicken Pizza w/ Gorgonzola Dressing Traditional Dough | 1150 | 220 | 52 | 28 | 0 | 235 | 4830 | 95 | 6 | 6 | 73 | 2 | 538 | 2 |
| Buffalo Chicken Pizza w/ Ranch Dressing Traditional Dough | 1160 | 220 | 56 | 25 | 0 | 215 | 4870 | 94 | 6 | 6 | 69 | 0 | 477 | 2 |
| Buffalo Chicken Pizza w/ Gorgonzola Dressing Cauliflower Dough | 1190 | 310 | 61 | 34 | 0 | 265 | 4670 | 89 | 5 | 8 | 67 | 2 | 775 | 2 |
| Buffalo Chicken Pizza w/ Ranch Dressing Cauliflower Dough | 1220 | 310 | 68 | 31 | 0 | 250 | 4780 | 89 | 4 | 8 | 63 | 0 | 715 | 2 |
| Buffalo Chicken Pizza w/ Gorgonzola Dressing Gluten Free Dough | 1230 | 330 | 55 | 28 | 0 | 235 | 4350 | 124 | 6 | 10 | 59 | 2 | 535 | 2 |
| Buffalo Chicken Pizza w/ Ranch Dressing Gluten Free Dough | 1260 | 330 | 62 | 25 | 0 | 220 | 4460 | 124 | 5 | 10 | 55 | 0 | 475 | 2 |
| Classic Cheese Pizza Traditional Dough | 840 | 220 | 31 | 19 | 0 | 105 | 2160 | 96 | 6 | 7 | 44 | 0 | 435 | 1 |
| Classic Cheese Pizza Cauliflower Dough | 880 | 310 | 40 | 25 | 0 | 135 | 2010 | 90 | 4 | 9 | 39 | 0 | 673 | 1 |
| Classic Cheese Pizza Gluten Free Dough | 920 | 330 | 34 | 19 | 0 | 105 | 1690 | 125 | 5 | 11 | 31 | 0 | 433 | 1 |
| Classic Pepperoni Pizza Traditional Dough | 1120 | 460 | 57 | 29 | 0 | 165 | 3160 | 95 | 6 | 7 | 54 | 0 | 435 | 2 |
| Classic Pepperoni Pizza Cauliflower Dough | 1160 | 550 | 66 | 35 | 0 | 195 | 3000 | 90 | 4 | 9 | 49 | 0 | 673 | 2 |
| Classic Pepperoni Pizza Gluten Free Dough | 1200 | 570 | 60 | 29 | 0 | 165 | 2680 | 125 | 5 | 11 | 41 | 0 | 433 | 2 |
| Greek Pizza Traditional Dough | 960 | 310 | 41 | 20 | 0 | 105 | 2140 | 100 | 6 | 11 | 44 | 0 | 452 | 1 |
| Greek Pizza Cauliflower Dough | 990 | 390 | 50 | 26 | 0 | 135 | 1980 | 95 | 5 | 13 | 39 | 0 | 690 | 2 |
| Greek Pizza Gluten Free Dough | 1030 | 420 | 43 | 20 | 0 | 105 | 1660 | 130 | 6 | 15 | 31 | 0 | 450 | 2 |
| Hawaiian Pizza Traditional Dough | 1030 | 330 | 44 | 22 | 0 | 145 | 2640 | 102 | 6 | 13 | 54 | 0 | 434 | 1 |
| Hawaiian Pizza Cauliflower Dough | 1070 | 420 | 53 | 28 | 0 | 175 | 2490 | 97 | 4 | 15 | 48 | 0 | 671 | 1 |
| Hawaiian Pizza Gluten Free Dough | 1110 | 440 | 47 | 22 | 0 | 145 | 2170 | 132 | 5 | 17 | 40 | 0 | 431 | 2 |
| Mad Italian Pizza Traditional Dough | 1550 | 780 | 92 | 40 | 0 | 225 | 4200 | 106 | 9 | 8 | 68 | 0 | 467 | 3 |
| Mad Italian Pizza Cauliflower Dough | 1590 | 870 | 101 | 46 | 0 | 255 | 4040 | 101 | 8 | 10 | 63 | 0 | 705 | 3 |
| Mad Italian Pizza Gluten Free Dough | 1630 | 890 | 95 | 40 | 0 | 225 | 3720 | 136 | 9 | 12 | 55 | 0 | 465 | 4 |
| Margherita Pizza Traditional Dough | 940 | 380 | 226 | 218 | 0 | 90 | 4120 | 95 | 6 | 10 | 42 | 0 | 1232 | 1 |
| Margherita Pizza Cauliflower Dough | 980 | 460 | 235 | 224 | 0 | 120 | 3970 | 90 | 5 | 12 | 36 | 0 | 1469 | 2 |
| Margherita Pizza Gluten Free Dough | 1020 | 490 | 228 | 218 | 0 | 90 | 3650 | 125 | 6 | 14 | 28 | 0 | 1229 | 2 |
| Mexican Pizza Traditional Dough | 1220 | 220 | 56 | 24 | 0 | 220 | 2500 | 103 | 8 | 8 | 73 | 1 | 471 | 3 |
| Mexican Pizza Cauliflower Dough | 1260 | 310 | 65 | 30 | 0 | 250 | 2350 | 98 | 6 | 10 | 68 | 1 | 708 | 3 |
| Mexican Pizza Gluten Free Dough | 1300 | 330 | 59 | 24 | 0 | 220 | 2030 | 133 | 7 | 12 | 60 | 1 | 468 | 3 |
| Mushroom+Arugula Pizza Traditional Dough | 1010 | 340 | 45 | 24 | 0 | 125 | 2650 | 95 | 6 | 7 | 55 | 3 | 757 | 2 |
| Mushroom+Arugula Pizza Cauliflower Dough | 1040 | 430 | 54 | 30 | 0 | 155 | 2500 | 88 | 4 | 8 | 48 | 1 | 993 | 2 |
| Mushroom+Arugula Pizza Gluten Free Dough | 1080 | 450 | 48 | 24 | 0 | 125 | 2180 | 123 | 5 | 10 | 40 | 1 | 753 | 2 |
| Pear and Gorgonzola Pizza Traditional Dough | 1380 | 280 | 84 | 26 | 0 | 130 | 2180 | 106 | 11 | 12 | 53 | 0 | 517 | 2 |

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|--|------|------|-----|----|---|-----|------|-----|-----|----|----|---|-----|---|
| Pear and Gorgonzola Pizza Cauliflower Dough | 1420 | 370 | 93 | 32 | 0 | 160 | 2020 | 101 | 9 | 13 | 48 | 0 | 754 | 2 |
| Pear and Gorgonzola Pizza Gluten Free Dough | 1460 | 390 | 86 | 26 | 0 | 130 | 1700 | 136 | 10 | 15 | 40 | 0 | 514 | 2 |
| Pimento Cheese Pizza Traditional Dough | 140 | 10 | 6 | 2 | 0 | 15 | 320 | 16 | 1 | 1 | 6 | 0 | 68 | 0 |
| Pimento Cheese Pizza Cauliflower Dough | 150 | 25 | 8 | 3 | 0 | 20 | 300 | 15 | < 1 | 2 | 5 | 0 | 107 | 0 |
| Pimento Cheese Pizza Gluten Free Dough | 150 | 25 | 7 | 2 | 0 | 15 | 240 | 21 | < 1 | 2 | 3 | 0 | 67 | 1 |
| Quattro Formaggio Pizza Traditional Dough | 960 | 300 | 41 | 21 | 0 | 100 | 2330 | 95 | 6 | 8 | 45 | 0 | 516 | 1 |
| Quattro Formaggio Pizza Cauliflower Dough | 1000 | 390 | 50 | 27 | 0 | 130 | 2180 | 90 | 4 | 10 | 39 | 0 | 753 | 1 |
| Quattro Formaggio Pizza Gluten Free Dough | 520 | 290 | 40 | 21 | 0 | 100 | 1340 | 9 | 1 | 4 | 27 | 0 | 513 | 0 |
| Rustica Pizza Traditional Dough | 1270 | 410 | 57 | 23 | 0 | 155 | 3680 | 123 | 7 | 8 | 64 | 2 | 577 | 2 |
| Rustica Pizza Cauliflower Dough | 1310 | 500 | 66 | 29 | 0 | 185 | 3530 | 118 | 5 | 9 | 58 | 2 | 815 | 3 |
| Rustica Pizza Gluten Free Dough | 1350 | 520 | 59 | 23 | 0 | 155 | 3210 | 153 | 6 | 11 | 50 | 2 | 575 | 3 |
| Sausage And Honey Pizza Traditional Dough | 1990 | 1150 | 129 | 53 | 0 | 285 | 4500 | 115 | 7 | 19 | 85 | 0 | 535 | 5 |
| Sausage And Honey Pizza Cauliflower Dough | 2020 | 1240 | 139 | 59 | 0 | 315 | 4340 | 110 | 6 | 21 | 79 | 0 | 773 | 5 |
| Sausage And Honey Pizza Gluten Free Dough | 2060 | 1260 | 132 | 53 | 0 | 285 | 4020 | 145 | 7 | 23 | 71 | 0 | 533 | 5 |
| Spicy Shrimp Pizza Traditional Dough | 1100 | 230 | 39 | 22 | 0 | 275 | 4030 | 104 | 6 | 13 | 61 | 0 | 491 | 1 |
| Spicy Shrimp Pizza Cauliflower Dough | 1140 | 320 | 48 | 28 | 0 | 305 | 3880 | 99 | 5 | 15 | 55 | 0 | 729 | 1 |
| Spicy Shrimp Pizza Gluten Free Dough | 1180 | 340 | 41 | 22 | 0 | 275 | 3560 | 134 | 6 | 17 | 47 | 0 | 489 | 2 |
| Sweet Thai Chicken Pizza Traditional Dough | 1250 | 280 | 48 | 26 | 0 | 195 | 3000 | 130 | 7 | 36 | 70 | 0 | 433 | 2 |
| Sweet Thai Chicken Pizza Cauliflower Dough | 1290 | 360 | 57 | 32 | 0 | 225 | 2850 | 125 | 6 | 38 | 65 | 0 | 670 | 2 |
| Sweet Thai Chicken Pizza Gluten Free Dough | 1330 | 390 | 51 | 26 | 0 | 195 | 2530 | 160 | 7 | 40 | 57 | 0 | 430 | 3 |
| Wood Roasted Vegetable Pizza Traditional Dough | 950 | 220 | 35 | 19 | 0 | 105 | 2310 | 111 | 11 | 10 | 46 | 1 | 535 | 5 |
| Wood Roasted Vegetable Pizza Cauliflower Dough | 990 | 310 | 44 | 25 | 0 | 135 | 2160 | 106 | 9 | 12 | 40 | 1 | 773 | 5 |
| Wood Roasted Vegetable Pizza Gluten Free Dough | 1030 | 330 | 38 | 19 | 0 | 105 | 1840 | 141 | 10 | 14 | 32 | 1 | 533 | 5 |